



# **JEFFERSON COUNTY RESOURCE DIRECTORY**

---

Brought to you by Jefferson County Health Center

# TABLE OF CONTENTS

Emergency.....	4
Apartments.....	5
Assisted Living.....	7
Child Care.....	8
Churches.....	11
Local Offices.....	13
Counseling.....	16
Dental.....	20
Education.....	22
Preschools.....	22
Schools.....	24
Post-secondary Schools.....	25
Employment/Job Training.....	26
Eye Care.....	29
Food, Clothing & Financial.....	31
Health Care.....	37
Home Care.....	42
Hospice Services.....	44

Housing..... 45

Shelters ..... 46

Information Helplines..... 47

ISU Extension Hotlines..... 50

Legal..... 51

Libraries..... 53

Mental Health..... 54

Nursing Homes..... 55

Parks, Trails & Recreational Areas..... 57

Pharmacies..... 58

Public Health Agencies..... 59

Senior Citizens..... 61

Services for the Disabled..... 62

Substance Abuse..... 63

Support Groups..... 64

Transportation..... 65

Utilities/Phone/Internet..... 66

Wellness..... 68

## **EMERGENCY**

### **Dial 911 for Emergencies**

Ambulance non-emergency line – 319-512-8811

Fire non-emergency line – 641-472-9212

Police non-emergency line – 641-472-4148

**Child Abuse, Adult Abuse, and Neglect Hotline** – 800-362-2178

**Jefferson County Emergency Management**

**Coordinator** – 641-472-3054

**Iowa State Patrol** – 800-525-5555 or 319-385-8715

**Jefferson County Health Center** – 641-472-4111

**Jefferson County Sheriff's Department** – 641-472-3576

**Poison Control Center** – 800-222-1222

## APARTMENTS

### **Calu Apartments**

<https://affordablehousingonline.com/>

641-472-3140

205 W. Briggs Ave., Fairfield, IA 52556

Since this property was built or renovated using funding from Department of Housing and Urban Development's Section 202 Supportive Housing for the Elderly program, residency is usually restricted to households earning 50% of the Area Median Income (AMI) or less with at least one member age 62 years or older. Tenants pay rent based on household income. This rent is usually the highest of the following three amounts: either 30% adjusted monthly income, 10% unadjusted monthly income, or, if receiving welfare assistance, the housing costs portion of this assistance.

### **Carrington Pointe Apartments**

641-469-6236

306 S. 30th St., Fairfield, IA 52556

### **Fairfield Park 1 & 2**

712-580-5360

904 W. Harrison Ave. and 606 W. Monroe Ave., Fairfield, IA 52556

USDA-funded low-income housing that accepts Section 8 vouchers.

### **Jackson Point Apartments**

<https://www.lowincomehousing.us/>

641-472-0133

802 W. Jackson Ave., Fairfield, IA 52556

If you are looking for an affordable housing option, these rental apartments are supported by the low-income housing tax credit and have the applicable program rent and income restrictions.

**Lantern Park Apartments**

<https://www.lowincomehousing.us/>

641-472-2133

207 E. Buchanan Ave., Fairfield, IA 52556

If you are looking for an affordable housing option, these rental apartments are supported by the low-income housing tax credit and have the applicable program rent and income restrictions.

**Logan Apartments**

[https://www.lowincomehousing.us](https://www.lowincomehousing.us/)

641-472-6060

430 S. 4th St. #400, Fairfield, IA 52556

This is a low-income apartment. The government gives funds directly to this apartment owner. They charge lower rent for low-income persons. Contact this apartment for low rent, senior housing apartments with subsidized government low-income rates.

**North Bay Apartments**

<https://www.northbayfairfield.com>

712-262-1191

210 E. Pierce Ave., Fairfield, IA 52556

Rent is based on income, and income restrictions apply.

**The Villa Gardens Apartments**

641-472-2133

207 E. Buchanan Ave., Fairfield, IA 52556

**Wagon Wheel Senior Housing**

641-472-0133

208 S. Court St., Fairfield, IA 52556

These rental apartments are supported by the low-income housing tax credit and have the applicable program rent and income restrictions.

## ASSISTED LIVING

### **Addington Place of Fairfield**

<https://www.jaybirdseniorliving.com/>

319-463-8024

3000 W. Madison Ave., Suite 500, Fairfield, IA 52556

Assisted living and memory care community that provides person-centered holistic care to residents.

### **The Oaks**

<http://osbycorp.com/>

641-472-5022

2235 Hwy 34, Fairfield, IA 52556

Provides a supportive environment for seniors who wish to remain active and independent yet desire the security of knowing medical assistance is available.

## CHILD CARE

### **Child Care Nurse Consultants – Jefferson County Public Health**

<http://jeffersoncounty.iowa.gov/health.htm>

641-472-5929

200 W. Briggs Ave., Fairfield, IA 52556

Services include health and safety assessments of childcare environments, health and safety policies, illness prevention and control, injury prevention assessment, child and caregiver record review, medication administration, nutrition, playground safety, health education activities for children, environmental safety, children with special needs inclusion & care plans, immunization information, referrals to community services. Services provided free of charge by phone consultation, email, or on-site visits.

### **Child Care Resource & Referral of Southeast Iowa (CCR&R)**

855-244-5301

CCR&R is available to assist families in selecting childcare providers who best meet the needs of a child and their family. Child care consultants provide on-site consultation to licensed preschools, centers, nonregistered home providers and child development home providers.

### **Community Child Care Center**

<https://www.childcarefairfield.com/>

641-472-9629

611 W. Jackson Ave., Fairfield, IA 52556

Community Child Care Center & Preschool provides learning experiences and care for children between the ages of six weeks and 12 years old.

### **The Gathering Place**

641-919-9128

302 W. Jefferson Ave., Fairfield, IA 52556



**Mother's Day Out Preschool & Pre-Kindergarten**

<http://ilcms.com/>

641-469-6634

1601 S. Main St., Fairfield, IA 52556

Mothers' Day Out Preschool & Immanuel Lutheran Pre-Kindergarten are Christian Early Childhood programs which emphasize the "total child". Our "total child" emphasis is carried out in love as we give guidance in the dimensions of spiritual, social, emotional, intellectual, and physical growth. We believe growth in all five areas helps develop the readiness foundation for learning each child needs.

**Maharishi School Children's House (Preschool)**

<https://maharishischool.org/>

866-472-6723

804 Dr Robert Keith Wallace Dr., Fairfield, IA 52556

Preschool for children ages 2-5 years old. To register your child contact [admissions@maharishischool.org](mailto:admissions@maharishischool.org) to get your application and schedule an interview.

**Pekin Child Care & Preschool**

[www.pekincsd.org](http://www.pekincsd.org)

319-695-5127

1062 Birch Ave., Packwood, IA 52580

Child care offered all year for infants through 5<sup>th</sup> grade and (free) on-site preschool for four-year-old children.

**SIEDA Head Start**[www.sieda.org](http://www.sieda.org)

641-472-6140

2200 W. Jefferson Ave., Fairfield, IA 52556

SIEDA Head Start™ is a preschool experience for low-income and disabled children 3-5 years of age. Head Start™ is a holistic approach to early childhood education that addresses not only the educational needs of children but also their health, nutrition, social, mental health and literacy needs as well. Multi-cultural classrooms serve children who are unable to speak English or speak English as a secondary language.

## CHURCHES

### **First Christian Church**

641-472-2520

1905 S. Main St., Fairfield, IA 52556

### **Fairfield Foursquare Church**

1700 S. Main St. Fairfield, IA 52556

### **Faith Christian Outreach Church – Fairfield Campus**

200 N. Main St., Fairfield, IA 52556

### **First Baptist Church**

641-472-5205

205 W. Broadway Ave., Fairfield, IA 52556

### **First Church of the Nazarene**

641-472-5849

201 N. 5th St., Fairfield, IA 52556

### **First Presbyterian Church**

641-472-4315

200 S. Main St., Fairfield, IA 52556

### **First United Methodist Church**

641-472-4303

201 N. Court St., Fairfield, IA 52556

### **Free Methodist Church**

641-472-2524

500 W. Washington Ave., Fairfield, IA 52556

### **Friends Church**

641-472-2623

1209 S. 6th St., Fairfield, IA 52556

### **Immanuel Lutheran Church**

641-472-5333

1601 S. Main St., Fairfield, IA 52556

**St. Gabriel and All Angels**

641-472-1625

300 E. Burlington Ave., Fairfield, IA 52556

**St. Mary Catholic Church**

641-472-5996

3100 W. Madison Ave., Fairfield, IA 52556

**Suburban Heights Baptist Church**

641-472-2208

401 S. 32nd St., Fairfield, IA 52556

**The Bridge Church**

641-682-9260

404 W. Fillmore Ave., Fairfield, IA 52556

**The Church of Jesus Christ of Latter-day Saints**

641-472-9513

2143 S. 32nd St., Fairfield, IA 52556

**Word of Life Lutheran Church**

641-472-1463

2090 Libertyville Rd., Fairfield, IA 52556

## LOCAL OFFICES

### **Batavia City Hall**

641-662-2313

1010 3rd St., Batavia, IA 52533

### **Birmingham City Hall**

319-498-4296

511 E. Cedar St., Birmingham, IA 52535

### **Libertyville City Hall**

641-693-3271

108 N. Main St., Libertyville, IA 52567

### **Lockridge City Clerk**

319-696-3311

104 W. Main St., Lockridge, IA 52635

### **Packwood City Clerk**

319-695-3300

Packwood, IA 52580

### **Richland City Hall**

319-456-2511

109 Richland St., Richland, IA 52585

### **Fairfield Area Chamber of Commerce**

641-472-2111

204 W. Broadway Ave., Fairfield, IA 52556

### **Fairfield City Hall**

641-472-6193

118 S. Main St., Fairfield, IA 52556

### **Fairfield Economic Development Association (FEDA)**

641-472-3436

101 N. Court St. | P.O. Box 1388

Fairfield, IA 52556

**Fairfield Parks and Recreation Department**

641-472-6159

1000 W. Burlington Ave., Fairfield, IA 52556

**Fairfield Planning Commission**

641-472-4181

118 S. Main St., Fairfield, IA 52556

**Fairfield Waterworks**

641-472-5343

118 S. Main St., Fairfield, IA 52556

**Iowa DOT Fairfield**

641-472-2349

205 E. 227th St., Fairfield, IA 52556

**Jefferson County Attorney**

641-472-9201

51 W. Hempstead Ave., Fairfield, IA 52556

**Jefferson County Auditor**

641-472-2840

51 W. Briggs Ave., Fairfield, IA 52556

**Jefferson County Central Point of Contact/Mental Health Office**

641-472-8637

51 W. Briggs Ave., Fairfield, IA 52556

**Jefferson County Clerk of Court**

641-472-3454

51 W. Briggs Ave., Suite 5, Fairfield, IA 52556

**Jefferson County Courthouse**

641-472-3454

51 W. Briggs Ave., #5, Fairfield, IA 52556

**Jefferson County Environmental Health Department**

641-472-2561

901 N. 8th St., Fairfield, IA 52556

**Jefferson County Extension Services**

641-472-4166

2606 W. Burlington Ave., Fairfield, IA 52556

**Jefferson County Human Services**

641-472-5011

304 S. Maple St., Suite 100, Fairfield, IA 52556

**Jefferson County Iowa Engineer (Road Dept.)**

641-472-6528

901 N. 8th St., Fairfield, IA 52556

**Jefferson County Jail**

641-472-3967

1200 W. Grimes Ave., Fairfield, IA 52556

**Jefferson County Judge**

641-472-3352

51 W. Briggs Ave., #5, Fairfield, IA 52556

**Jefferson County Public Health**

647-472-5929

200 W. Briggs Ave., Fairfield, IA 52556

**Jefferson County Recorder**

641-472-4331

51 W. Briggs Ave., #4, Fairfield, IA 52556

**Jefferson County Sheriff**

641-472-3576

1200 W. Grimes Ave., Fairfield, IA 52556

**Jefferson County Treasurer**

641-472-2349

51 W. Briggs Ave., Fairfield, IA 52556

**Jefferson County Veterans Affairs**

641-472-3013

51 W. Briggs Ave., Fairfield, IA 52556

## COUNSELING

### **Ardent Counseling Center**

<https://www.ardentcenter.com/>

888-870-1775 or 319-693-5502

Katie Ram Building, 500 N. 3rd St., Suite 209, Fairfield, IA 52556

The Ardent Counseling Center's mission is to provide accessible quality holistic mental health services to individuals, groups, couples, and families in Iowa and the Chicagoland area. Our therapists are passionate about meeting clients where they are, helping them feel welcome, and supporting them in creating meaningful change through a variety of service options.

### **Compassionate Counseling**

<https://iowa-counseling.com/>

641-454-5054

402 N. B St., Suite 104, Fairfield, IA 52556

Compassionate Counseling offers a variety of services including individual and couples therapy, clinical supervision, consultation and training for clinicians.

### **Sally Henderson, PhD.**

641-472-7315

123 N. Main St., #7, Fairfield, IA 52556

Marriage and family counseling

### **NAMI (National Alliance on Mental Illness)**

<https://www.nami.org/>

800-950-6264

NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.



**Optimae Behavioral Health**

<http://www.optimaelifetimeservices.com/>

641-472-5771

301 1/2 W. Burlington Ave., Fairfield, IA 52556

Provides therapy, psychiatric medication evaluation and management, and skill-building supports in our central and southeastern Iowa offices. Our highly trained professionals, which include therapists and psychiatric prescribers, incorporate Optimae's core values of choice, respect, teamwork and education into the services we offer to help children, adolescents, adults, couples and families improve their mental health and create happier and healthier lives. Our services are strengths-based and positively oriented.

**River Hills Behavioral Health**

<https://www.riverhillshealth.org/>

641-451-6380

2000 S. Main St., Fairfield, IA 52556

Mental or emotional stressors can make dealing with everyday life very difficult. It may be revealed in behaviors, relationships with spouses or with entire families, or in other ways. At River Hills Community Health Center, we support your mental health needs at our Centerville, Fairfield, Ottumwa, Oskaloosa, and Sigourney locations. Our providers keep all patient information confidential. If you find yourself in need of support, please contact us for an appointment.

**R&R Counseling Solutions**

<https://www.rrcsmentalhealth.com/>

319-293-3635

103 E. Adams Ave. Fairfield, IA 52556

R&R Counseling Solutions works with adults, adolescents, and children age 5 and over.

**Sattva Integrative Therapy**

<http://www.sattvaintherapy.com/>

320-295-1263

414 N. 3rd St., Fairfield, IA 52556

Counseling Services - individual, couples, and family (all ages)

Other Services - licensure supervision, EMDR consultation, presentations

**SIEDA**

<https://www.sieda.org/>

641-472-5834

201 S. 23rd St., Fairfield, IA 52556

SIEDA Community Action works with communities to secure opportunities for people in need through advocacy, counseling, education, partnerships, and supportive services.

**Southern Iowa Mental Health Center**

<https://www.simhcottumwa.org/>

641-682-8772

1527 Albia Rd., Ottumwa, IA 52501

The Mission of Southern Iowa Mental Health Center is to empower individuals and families with multiple issues in moving towards recovery and overall well-being. We do this by providing a welcoming, comprehensive, and caring community mental/behavioral health program through diagnosis, treatment and partnership with helpful local resources.

**Southeast Iowa Link**

<https://seiowalink.org>

855-581-8111

24 Hour Crisis Line. Provides integrated services to people who have complex mental health, substance abuse, and/or development services challenges, including trauma, so that more people can get help in a single place.

## DENTAL

### **Fairfield Dental Clinic**

<https://fairfelddentalclinic.com/>

800-569-8363

51 W. Adams Ave. #1, Fairfield, IA 52556

Cosmetic dentistry, Lumineers, porcelain veneers, teeth whitening, preventive dentistry, amalgam or composite, fillings, children's dentistry, crowns & bridges, fluoride & sealants, removable appliances, oral surgery, dental implants, root canals.

### **Holt Family Dental Care**

<https://holtfamilydentalcare.com/>

641-472-3147

106 E. Washington Ave., Fairfield, IA 52556

Services include digital imaging, x-ray technology, intraoral camera, nitrous oxide, pediatric dentistry, prophylaxis teeth cleaning, fillings and restorations, composite fillings, dental sealants, dentures/partial, bridges, dental implants, crowns, tooth extractions, root canals, cosmetic treatments.

### **I-Smile**

<https://ismile.idph.iowa.gov/>

I-Smile is a statewide program that connects Iowans with dental, medical, and community resources to ensure a lifetime of health and wellness. I-Smile is for children, pregnant women, and seniors.

### **River Hills Dental**

<https://www.riverhillshealth.org/>

319-456-2045

100 W. Main St., Richland, IA 52585

Provides routine cleanings and dental exams as well as cavity fillings, root canals, and more.

**Roth & Norton Family Dentistry**

<https://rothdentalcare.com/>

641-472-3044

205 N. B St., Fairfield, IA 52556

Services include emergency care, prevention and maintenance, digital radiography, intra-oral camera, restorative care, pediatric dental care, periodontal treatment, prosthodontics, endodontics, oral surgery, esthetic dentistry.

**Dr. Suzanne Stock, Orthodontist**

<https://www.drssortho.com/>

319-800-9497

205 N. B St., Suite 1, Fairfield, IA 52556

Services include early treatment, adolescent treatment, adult treatment, braces, orthodontic appliances, Invisalign, retention, orthognathic treatment

## EDUCATION – PRESCHOOLS

### **Community Child Care Center**

<https://www.childcarefairfield.com/>

641-472-9629

611 W. Jackson Ave., Fairfield, IA 52556

Community Childcare Center & Preschool provides learning experiences and care for children between the ages of six-weeks and 12-years-old

### **Fairfield Community School District Preschool**

<https://www.fairfieldfuture.org/>

641-472-2110

406 E. Madison Ave., Fairfield, IA 52556

The preschool program is based on Creative Curriculum for three- to five-year olds, and targets the development of the language, cognitive, social-emotional, and physical domains. We are currently working on meeting the Iowa Quality Preschool Program Standards (IQPPS). These standards are part of the program verification process related to the Iowa State Voluntary Preschool Grant for four-year-olds.

### **Koi Pond Montessori**

<https://www.instagram.com/koi.pond.montessori/>

319-614-0256

300 S. 6th St., Fairfield, IA 52556

Koi Pond Montessori is a home-based preschool and childcare for ages 1-6. Children thrive with free play in nature, authentic Montessori materials, and a focus on social and emotional learning.

**Mother’s Day Out Preschool**

<http://www.ilcms.com/MDO/index.htm>

641-469-6634

1601 S. Main St., Fairfield, IA 52556

Mothers’ Day Out Preschool & Immanuel Lutheran Pre-Kindergarten are Christian Early Childhood programs which emphasize the “total child”. Our “total child” emphasis is carried out in love as we give guidance in the dimensions of spiritual, social, emotional, intellectual, and physical growth.

**Pekin Child Care & Preschool**

<https://www.pekincsd.org/>

319- 695-5127

1062 Birch Ave., Packwood, IA 52580

Child care offered all year for infants through 5<sup>th</sup> grade and free on-site preschool for 4-year olds.

**SIEDA Head Start**

<https://www.sieda.org/>

641-472-6140

2200 W. Jefferson Ave., Fairfield, IA 52556

SIEDA Head Start™ is a preschool experience for low-income and disabled children 3-5 years of age. Head Start™ is a holistic approach to early childhood education that addresses not only the educational needs of children but also their health, nutrition, social, mental health and literacy needs as well. Multi-cultural classrooms serve children who are unable to speak English or speak English as a secondary language.

**St. Mary’s Preschool**

<https://fairfieldstmary.org/>

641-472-5996

3100 W. Madison Ave., Fairfield, IA 52556

3 and 4 years olds

## EDUCATION – SCHOOLS

### **Fairfield High School**

<https://www.fairfieldsfuture.org/>

641-472-2059

605 E. Broadway Ave., Fairfield, IA 52556

### **Fairfield Middle School**

<https://www.fairfieldsfuture.org/>

641-472-5019

404 W. Fillmore Ave., Fairfield, IA 52556

### **Great Prairie Area Education Agency**

<https://www.gpaea.org/>

641-472-3414

2000 W. Jackson Ave., Fairfield, IA 52556

### **Maharishi School**

<https://maharishischool.org/>

641-472-9400

804 Dr. Robert Keith Wallace Dr., Fairfield, IA 52556

### **Pekin Community School District**

<https://www.pekincsd.org/>

319-695-3707

1062 Birch Ave., Packwood, IA 52580

### **Pence Elementary School**

<https://www.fairfieldsfuture.org/>

641-472-2957

1000 S. 6th St., Fairfield, IA 52556

### **Washington Elementary School**

<https://www.fairfieldsfuture.org/>

641-472-2110

406 E. Madison Ave., Fairfield, IA 52556



**EDUCATION – POST-SECONDARY SCHOOLS****Buena Vista University Ottumwa**

<https://www.bvu.edu/>

712-749-1980

525 Grandview Ave. #149, Ottumwa, IA 52501

**Indian Hills Community College**

<https://www.indianhills.edu/>

641-472-6366

525 Grandview Ave., Ottumwa, IA 52501

**Iowa Wesleyan University**

<https://www.iw.edu/>

319-385-8021

601 N. Main St., Mt. Pleasant, IA 52641

**Maharishi International University**

<https://www.miu.edu/>

(641) 472-7000

1000 N. 4th St., Fairfield, IA 52557

**Southeastern Community College**

<https://www.scciowa.edu/>

319-385-8012

200 N. Main St., Mt. Pleasant, IA 52641

## EMPLOYMENT/JOB TRAINING

### **Pathfinders Resource Conservation & Development, Inc.**

<https://pathfindersrcd.org/>

641-472-6177

304 S. Maple St. #101, Fairfield, IA 52556

We engage in projects and programs that are connected to local community and economic development and/or natural resource conservation. We are currently helping communities with projects related to tourism, arts and culture, trail development, small business development, watershed protection/nutrient reduction, and abandoned coal mine reclamation.

### **Iowa Vocational Rehabilitation Services**

<https://ivrs.iowa.gov/>

641-682-7569

15260 Truman St., Suite 4, Ottumwa, IA 52501

We provide expert, individualized services to lowans with disabilities to achieve their independence through successful employment and economic support.

### **Iowa Workforce Development (IWD)**

<https://www.iowaworkforcedevelopment.gov/ottumwa>

641-684-5401

15260 Truman St., Ottumwa, IA 52501

IWD is a state agency committed to providing employment services for individual job seekers through our IowaWORKS partnership. Employers and businesses can post jobs, hire veterans and apply for qualifying federal tax credits. IWD continually strives to improve processes and align the organization in such a way to provide effective, demand-driven products and services. IWD staff in Des Moines consists of administrative, labor services, workers' compensation, labor market information, and the unemployment insurance services staff. The agency also maintains a statewide delivery system of 15 regional, 4 satellite, and 8 expansion offices to provide services to lowans in communities demonstrating need.

**Ottumwa Jobs Corps Center**

<https://ottumwa.jobcorps.gov/>

641-682-2000

15229 Truman St., Ottumwa, IA 52501

Job Corps program's mission to teach eligible young people the skills they need to become employable and independent and place them in meaningful jobs or further education.

**Promise Jobs**

<https://www.iowaworkforcedevelopment.gov/promise-jobs>

641-684-5401

15260 Truman St., Ottumwa, IA 52501

Iowa's TANF Employment & Training program designed to assist cash assistance recipients to become self-sufficient through participation in work-ready activities. Program participants will develop an individualized Employment Plan outlining work ready activity in order to reach their individualized goals and reduce their dependence on welfare support systems.

**Proteus Job Training, Health Care, Assistance**

<http://www.proteusinc.net/>

800-372-6031

Proteus provides agricultural workers and their families with affordable health care, education assistance, and job training.

**QPS Employment Group**

<https://www.qpsemployment.com/>

641-472-7530

1805 W. Jefferson Ave., Suite 3, Fairfield, IA 52556

Employment agency for Jefferson, Wapello, Henry, and Keokuk Counties. Recruiters have over a decade of staffing and placement experience to assist you with your next career move.

## **Temp Associates**

<https://www.tempassociates.com/>

641-472-2025

2709 W. Briggs Ave. #4, Fairfield, IA 52556

Our company is an independently owned staffing service with offices in Muscatine, Clinton, Burlington, Grinnell, Fairfield, and Mt. Pleasant, Iowa. We specialize in temporary staffing, “use” assignments, “choose” assignments, and “use and choose” staffing opportunities.

## EYE CARE

### **Axis Vision Center**

<https://axisvisioncare.com/>

641-472-6694

122 N. Court St. #102, Fairfield, IA 52556

Each of our practices offers quality eye care services to our patients. We give routine eye exams, including contact lens fittings for those who wear them. We also give eye exams to children, including infants. We handle amblyopia/lazy eye conditions as well.

Our optometrists help with a variety of ocular diseases including macular degeneration, dry eye problems, glaucoma, cataracts, diabetic retinopathy, hypertensive retinopathy, double vision, and surgical/post-operative care. Emergencies such as sudden loss of vision, foreign body removal, traumatic injury, and conjunctivitis are also treated at our facilities.

### **Heartland Eye Care**

641-472-7175

205 N. B St., Fairfield, IA 52556

Optometrists examine, diagnose, treat, and manage diseases, injuries, and disorders of the visual system, the eye, and associated structures as well as identify related systemic conditions affecting the eye.

**Wolfe Clinic Eye Center LLC**

<https://www.wolfeeyecenter.com/>

641-472-6151

100 S. 23rd St., Fairfield, IA 52556

## Services offered include:

- Adult and pediatric comprehensive eye exams
- Contact lens fittings and eyeglass prescriptions
- Quality eyewear including sunglasses, safety glasses and sports glasses
- Eye infection treatment and eye injury treatment
- Eye disease care
- Eye disease testing and diagnosis
- Eye disease management and treatment
- Surgical referral and post-operative care co-managed with Wolfe Eye Clinic eye specialists

## FOOD, CLOTHING & FINANCIAL

### **African Violet Foundation**

<https://www.theafricanvioletfoundation.org/>

319-330-8366 or 641-919-4306

54 S. B St., Fairfield, IA 52556

A non-profit organization that serves and supports middle and high school students and their families.

### **Bargain Box**

641-472-3548

109 W. Broadway Ave., Fairfield, IA 52556

Thrift and consignment store

### **Call 211**

<https://www.211.org/>

211

Specialists who are available to help you access the best local resources and services to address any need.

### **Carry-on Bags**

<https://www.carryonbags.org/>

Carry-on Bags (COB) is a nonprofit organization that was formed to address the problem of food insecurity for preschool through 12th grade students in Jefferson County, Iowa. We offer bags with snacks and simple meals that allow children to “carry on” without school meals over weekends and during school breaks. The bags are offered to all students in the Fairfield Community School District and Maharishi School (MSAE). All information is kept confidential between COB and the school. You can sign up on the website listed above or call Fairfield school at 641-472-2655.

**Department of Human Services (DHS)**<https://dhs.iowa.gov/>

641-472-5011

304 S. Maple St., Suite 100, Fairfield, IA 52556

Department of Human Services is a national or subnational umbrella agency which is responsible for providing public assistance programs to the population they serve. Various aspects or alternate names include social security, social affairs, human resources and welfare.

**Fairfield Cares**<https://fairfieldcares.net/>

641-209-9796

Connecting those in need to volunteers, helps finding the right professional services, promoting affordable group housing.

**Fairfield Farmers Market**

641-233-8520

E. Grimes St., 2254 136th Blvd., Fairfield, IA 52556

A variety of local vendors come together for the market. Some vendors accept SNAAP. Summer market is Wednesdays in Central Park and Saturdays in Howard Park.

**FCSD Food Pantry**

641-472-2655

By appointment at the Fairfield Middle School

404 W. Fillmore Ave., Fairfield, IA 52556

The Pantry is open to families with students in grades PK – 12 in the Fairfield Community School District. No income guidelines.



**General Relief**

<http://jeffersoncounty.iowa.gov/>

641-472-3013

51 E. Briggs Ave., Fairfield, IA 52556

Jefferson County General Assistance shall be provided to residents of this county as mandated by the Code of Iowa, Section 252.25. The purpose and policy of such provisions of relief where appropriate, is to direct the applicant in removing barriers to self-sufficiency and economic self-support to prevent, reduce, or eliminate dependency.

**Goodwill**

<https://www.goodwillheartland.org/>

563-484-3766

2005 W. Burlington Ave., Fairfield, IA 52556

Long-standing nonprofit chain with a range of pre-owned clothing, furniture, housewares & more.

**FCSD Hygiene Closet**

641-472-2655

By appointment at the Fairfield Middle School located at 404 W. Fillmore Ave.

The goal of the hygiene closet is to provide students, free of charge, items that cannot be purchased with Supplemental Nutrition Assistance Program (SNAP) dollars.

**The Lord's Cupboard**

<http://www.lordscupboard.org/>

641-472-8457

303 N. 4th St., Fairfield, IA 52556

If you are a resident of Jefferson County, Iowa, and your income is below The Emergency Food Assistance Program (TEFAP) Income Guidelines, you can receive food assistance from The Lord's Cupboard. You are also eligible if you have been approved for SNAP, or Free/Reduced-Price School Lunches.

**Milestones Area Agency on Aging**<https://www.milestonesaaa.org/>

855-410-6222

Milestones will be the organization for assisting older Iowans, adults with disabilities and their family caregivers to identify and access the services and resources needed to remain independent and self-sufficient.

**MOM's meals**<https://www.momsmeals.com/>

866-971-6667

Serving Medicare and Medicaid members, and self-pay individuals, **Mom's Meals** provides fully-prepared, refrigerated meals directly to homes nationwide.

**My Lucky Day**

641-919-5884

401 N. 4th St., Fairfield, IA 52556

Thrift and consignment store

**Senior Citizen Center**

641-472-4403

209 S. Court St., Fairfield, IA 52556

Provides meals on site and some home delivery for those age 60 or older. Suggested guidelines for contributions are posted at the meal centers. Ability to contribute does not determine eligibility. Individuals under age 60 are required to pay full cost of the meal.

**SIEDA Community Resource Center**<https://www.sieda.org/>

641-472-6140

2200 W. Jefferson Ave., Fairfield, IA 52556

Behavioral Health and Treatment Services, Head Start, Parents as Teachers, Family Development and Self Sufficiency (FaDSS), and Resource Center's Community Action Specialists (LIHEAP/Crisis/Special Programs).

## **Sister's Home Style Entrees**

<https://sistersentrees.com/>

515-332-1928

Our Mission at Sister's Home Style Entrees is to provide individuals and families the opportunity to eat home style meals made from the best ingredients at an affordable price. We cater largely to the elderly and homebound population as a tool for individuals to remain independent in their own home by having a great selection of nutritious meals available in their freezer. Families love the convenience and flexibility as well.

## **Supplemental Nutrition Assistance Program (SNAP)**

<https://dhs.iowa.gov/food-assistance>

641-472-5011

304 S. Maple St., Suite 100, Fairfield, IA 52556

Fruits, vegetables and other healthy foods can help you and your family be healthy and productive. Sometimes these healthy foods are expensive and families need extra help purchasing them. Visit their website to see if you are eligible for the Supplemental Nutrition Assistance Program (SNAP).

## **The Well**

<https://thewelliowa.org/fairfield/resource-center/>

641-819-4044

1700 S. Main St., Fairfield, IA 52556

With Christian compassion, our team will learn about your situation and your needs. Together, we will explore options and take steps to help you stabilize your resources. Program support provided includes, but not limited to:

- Support Advocacy
- Financial Assistance
- Prayer and Encouragement
- Shower Space
- Resource Referral
- Volunteer Placement at The Well

**Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)**

<https://www.wicprograms.org/ci/ia-ottumwa>

641-680-2001

333 Church St., Ottumwa, IA 52501

WIC is a registered service mark of the U.S. Department of Agriculture for USDA's Special Supplemental Nutrition Program for Women, Infants and Children

## HEALTH CARE

### Ambulance

Dial 911

### EZRA Free Clinic

<https://www.fciowa.org/>

515-954-7508

610 E. Main St., Ottumwa, IA 52501

Open on Tuesdays at 5 p.m., appointments start at 6 p.m.. First come first serve basis. Spanish translation available. Illness/minor injury care, well-child exams, immunizations, school/sport/employment physicals, TB testing, chronic disease management, diabetes/blood glucose testing, high blood pressure testing, cholesterol testing, social worker on site.

### JCHC Clinics

<https://www.jeffersoncountyhealthcenter.org/>

641-472-4156

2000 S. Main St. Fairfield, IA 52556

The clinics are located in the Hite Medical Clinic in the north wing of the Jefferson County Health Center. They specialize in family medicine, pediatrics, internal and integrated medicine.

### JCHC McCreery Cancer Center

<https://www.jeffersoncountyhealthcenter.org/>

641-469-4144

2000 S. Main St. Fairfield, IA 52556

Offering oncology services, hematology services, chemotherapy, administration of fluids and injections, laboratory services, collaboration with other medical and hematology specialists, referral to home care, referral to hospice, patient education material, free wigs, scarves and hats, blood product administration within the Ambulatory Care Unit, port flushes, and PICC flushes.

**JCHC Professional Clinic**

<https://www.jeffersoncountyhealthcenter.org/>

641-469-4204

2000 S. Main St. Fairfield, IA 52556

Specializing in orthopedic surgery, general surgery, ophthalmology, and rheumatology.

**JCHC Richland Clinic**

<https://www.jeffersoncountyhealthcenter.org/>

319-456-2058

107 W. Harrison St., Richland, Iowa 52585

Primary care medical clinic offering family health, men's/women's health, pediatric medicine, vaccinations, sport physicals, and treatment for injury/illness.

**JCHC Walk-in Clinic**

<https://www.jeffersoncountyhealthcenter.org/>

641-472-4156

2000 S. Main St., Fairfield, IA 52556

Offers extended hours for patient convenience to treat non-emergency conditions like allergies, infections, abrasions, bruises, and colds.

**Jefferson County Health Center**

<https://www.jeffersoncountyhealthcenter.org/>

641-472-4111

2000 S. Main St., Fairfield, IA 52556

**Services**

- Cardiac Rehabilitation
- Dietitian
- Dialysis located on campus (Southeastern Renal Dialysis)
- Hospice – Serviced by 4 external providers
- Lab Services
- Continuous Wellness Laboratory Testing
- Radiology, including Digital Mammography, Ultrasound, CT scans, and EEG's
- Mammography Assistance Program

- Inpatient Care
- Same-Day-Stay/Same-Day-Surgery/Ambulatory Care (infusions, injections, wound care)
- Pulmonary Rehabilitation
- Emergency Department
- ICU
- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Sleep Lab
- Mobile services include Echocardiology, Nuclear Scans, Stereotactic Breast Biopsies

### **Classes offered**

- AED training (Automated External Defibrillator)
- Basic Life Support Classes (CPR)
- Blood Borne Pathogens
- Cancer Education
- Cardiopulmonary/Diabetes Support Group
- Children's Health/Safety
- Continuing Education Programs for Healthcare Professionals
- Dependent Adult/Child Abuse for the Mandatory Reporter
- Diabetes Self-Management Program
- First Aid
- Health Screenings
- Healthy Eating/Meal Planning Education
- High School Job Shadow Program
- Men's Health
- Respiratory Health
- Smoking Cessation
- Stress Management
- Super Sitter Course (Baby Sitting Course)
- Tours for Pre-School & School Age children

**Jefferson County Mental Health**<http://jeffersoncounty.iowa.gov/>

641-472-8637

51 W. Briggs Ave., Fairfield, IA 52556

The office of Central Point of Coordination (CPC) acts as the gatekeeper to a countywide system of services and supports for consumers. We take applications, make eligibility decisions, evaluate the needs of individuals, and work to create and implement a service-funding plan.

**Optimae Behavioral Health Services**<http://www.optimaelifeservices.com/>

641-472-5771

301 W. Burlington Ave., Fairfield, IA 52556

Provides therapy, psychiatric medication evaluation and management, and skill-building. Highly trained professionals, which include therapists and psychiatric prescribers, incorporate Optimae's core values of choice, respect, teamwork and education into the services they offer to help children, adolescents, adults, couples, and families improve their mental health and created happier and healthier lives. Services are strength-based and positively oriented. They help with treatment of anxiety, depression, trauma (PTSD), stress, relationship problems, and psychotic disorders. Therapists are trained in cognitive behavioral therapy, dialectical behavioral therapy, client centered therapy, acceptance and commitment therapy, eye movement desensitization and reprocessing, play therapy, trauma focused CBT (TF-CBT).

**Southeastern Renal Dialysis**<https://srdlc.org/>

641-469-3313

2000A S. Main St., Fairfield, IA 52556

Southeastern Renal Dialysis is conveniently located on the Jefferson County Health Center Campus. It has 10 hemodialysis stations.



**River Hills Community Health Center**

<https://www.riverhillshealth.org/>

641-683-5773

201 S Market St., Ottumwa, IA 52501

Family practice clinic, dental, behavioral health, pediatrics, women's health, and family planning. Sliding fee scale available.

## HOME CARE

### Caregivers Home Health

<https://caregiverskansas.com/>

641-437-1117

19999 Old Hwy 5, Centerville, IA 52544

### Iowa Home Care

<https://iowahomecare.com/>

641-226-5050

13133 Angle Rd., Ottumwa, IA 52501

- Nursing, Adult, Pediatric, Psychiatric
- Home Health Aides
- Live-in/Companion Care
- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Medical Social Work
- Respite Care
- CDAC
- Medication Reminders
- Shopping and Errands
- Emergency Response Systems
- Diet Monitoring
- Meal Preparation
- Bathing and Hygiene Assistance
- Light Housekeeping

### Jefferson County Public Health

<http://jeffersoncounty.iowa.gov/>

641-472-5929

200 W. Briggs Ave., Fairfield, IA 52556

Services provided include registered nurses, home health aides, homemaker services, caring companions (respite), immunization clinics (children and adult), and community health services including communicable disease follow up, new mom and baby visits, blood pressure screenings, health education, nutrition education resource referrals, and general health promotion.

**Optimae Home Health**

<http://www.optimaelifeservices.com/>

641-472-4464

206 W. Burlington Ave., Fairfield, IA 52556

Optimae Home Health Services provides home health care services that allow our customers to continue living in their home while receiving medical care. We offer skilled nursing and home health aides, as well as physical, occupational and speech therapy. In Central Iowa, we also offer a medical social worker to help connect customers to the resources they need. Our nurses provide comprehensive care in areas including medication instruction and management including injections, surgical aftercare, wound care, disease management and self-care for chronic conditions and catheter care.

**Sunnybrook Home Care**

641-472-4808

400 Highland St., #102, Fairfield, IA 52556

A Medicare-certified home health agency offering comprehensive skilled services to meet the medical needs of our patients including registered nurses, physical therapist, occupational therapist, speech therapist and home health aides. We are also accredited by the state for Home and Community Based Services (HCBS) to assist Medicaid Waiver patients. Our staff are highly trained and experienced at providing exceptional care. We are in-network with most commercial insurances.

## HOSPICE SERVICES

### Care Initiatives Hospice

<https://www.careinitiatives.org>

641-932-3488

4 S. Main St., Albia, IA 52531

### Every Step Hospice

<https://www.everystep.org/>

319-385-4472

118 N. Main St., Mt. Pleasant, IA 52641

### Good Sam Hospice

<https://www.good-sam.com>

877-684-9301

1111 N. Quincy Ave., Suite 127, Ottumwa, IA 52501

### Great River Hospice House

<https://www.greatriverhealth.org>

319-768-3350

1306 Washington Rd., West Burlington, IA 52655

### Hospice Compassus

<https://www.compassus.com>

319-653-2035

119 E. 2nd St., Washington, IA 52353

### Hospice of Washington County

<http://hospicewc.com>

319-653-7321

948 E. 11th St., Washington, IA 52353

## HOUSING

### **American Home Finding Association**

<http://ahfa.org>

641-682-3449

217 E 5th St, Ottumwa, IA 52501

American Home Finding Association is a private, not-for-profit family service agency. Our services include adoption, WIC, maternal & child health programs, emergency shelter for adolescents, child care, and the foster grandparent program.

### **American Red Cross**

877-272-7337 | [support@redcrosstraining.org](mailto:support@redcrosstraining.org)

### **Area 15 Agency**

<http://www.areaxvhousing.org>

319-753-5109

417 N. College St., Agency, IA 52530

Administers three different programs with in Southeast Iowa. Public Housing Program, Section 8 Housing Choice Voucher Program, and Area 15 Apartments Program.

### **Rolling Hills Coalition**

<https://centraliowashelter.org/what-we-do/rolling-hills-coalition.html>

833-739-0065

In June 2020, Central Iowa Shelter & Services founded the Rolling Hills Coalition. The program began in response to the realization that people experiencing homelessness were leaving their communities to seek services in Des Moines. With the Rolling Hills Coalition, people do not have to leave home to find housing.

### **VA Home Front**

<https://theveteranshomefront.com>

877-424-3838

It's our mission to ensure Veterans across this country are able to become homeowners, get the best advice, have the greatest home loan experience possible, and get the best deal in the market.

## SHELTERS

### **Burlington Area Homeless Shelter**

319-754-6791

Accepts men, women, and children

### **More than a Roof & a Bed, Iowa City**

319-351-0326

Accepts men, women, and children

### **Central Iowa Shelter & Services, Des Moines**

515-284-5719

Accepts men and women

### **Women's Shelter, Oskaloosa**

641-673-5499

Accepts victims of violence

### **The Lighthouse Center, Washington**

319-653-5871

Accepts men, women, children

## INFORMATION HELPLINES

### **211 United Way**

Call/Text 211

### **AIDS CDC National Hotline**

800-232-4636

### **Alcohol Treatment Referral Hotline**

800-252-6465

### **National Council on Alcoholism and Drug Dependence**

800-622-2255

### **Alzheimer's & Related Disorders | [www.alz.org](http://www.alz.org)**

800-272-3900

### **American Cancer Society | [www.cancer.org](http://www.cancer.org)**

800-227-2345

### **American Heart Association | [www.heart.org](http://www.heart.org)**

800-242-8721

### **American Lung Association Lung Helpline and Tobacco Quitline | [www.lung.org](http://www.lung.org)**

800-586-4872

### **Better Business Bureau | [www.bbb.org](http://www.bbb.org)**

800-222-1600

### **Boys Town Hotline | [www.boystown.org](http://www.boystown.org)**

800-448-3000

### **Bullying & Youth Suicide Hotline | [www.yourlifeiowa.org/](http://www.yourlifeiowa.org/)**

855-581-8111

### **COMPASS, Iowa (for people with disabilities and their families)**

[www.iowacompass.org](http://www.iowacompass.org)

800-779-2001

**Cybertip Hotline** (National Center for Missing & Exploited Children)

| [www.missingkids.com](http://www.missingkids.com)

800-843-5678

**Department of Human Services Child & Adult Abuse Hotline**

<https://dhs.iowa.gov/>

800-362-2178

**National Domestic Violence Hotline** | [www.thehotline.org](http://www.thehotline.org)

800-799-7233

**FindHelp** | [www.findhelp.org](http://www.findhelp.org)

**Foundation 2 Crisis Line** (24-hour full service crisis hotline)

[www.foundation2.org](http://www.foundation2.org)

800-332-4224

**Gambling Hotline** | [www.1800betsoff.org](http://www.1800betsoff.org)

800-238-7633

**Iowa Department for the Blind** | <https://blind.iowa.gov/>

515-281-1333

**Internal Revenue Service (IRS)** | [www.irs.gov](http://www.irs.gov)

800-829-1040

**Iowa Department of Public Health Lead Poisoning Prevention**

800-972-2026

**My Life My Quit** (Tobacco and Vaping Quitline)

<https://ia.mylifemyquit.org/>

Text 36072

**Medicare Hotline** | [www.medicare.gov](http://www.medicare.gov)

800-633-4227

**Iowa Narcotics Enforcement** (to report suspected drug and meth activity)

800-532-0052

**National Hispanic Family Health Help Line**

<https://www.healthyamericas.org/>

866-783-2645



**National Youth Crisis Hotline**

<https://nationaltoolkit.csw.fsu.edu/>

800-442-4673

**Heartland Pregnancy Center**

<https://www.ottumwachoices.com/>

641-683-3030

**Poison Control** | [www.iowapoison.org](http://www.iowapoison.org)

800-222-1222

**Quitline Iowa** (For quitting tobacco) | [www.quitlineiowa.org](http://www.quitlineiowa.org)

800-784-8669

**Rape, Abuse, & Incest National Network (RAINN)**

<https://www.rainn.org/>

800-656-4673

**Iowa Sexual Abuse Hotline** | <https://rvap.uiowa.edu/isah/>

800-284-7821

**Social Security Administration** | [www.ssa.gov](http://www.ssa.gov)

800-772-1213

**Southern Iowa Mental Health Center** (offering Integrated Health Home)

641-682-8772

[simhc@simhcottumwa.org](mailto:simhc@simhcottumwa.org) | [www.simhcottumwa.org](http://www.simhcottumwa.org)

**National Suicide Prevention Lifeline**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

800-273-8255

**National Veterans Foundation Lifeline for Vets** | <https://nvf.org/>

888-777-4443

**Weather & Road Information** | [www.511ia.org](http://www.511ia.org)

511 or 800-288-1047

**Your Life Iowa** | <https://yourlifeiowa.org/>

855-581-8111

## **ISU EXTENSION HOTLINES**

### **ISU Extension Services**

<https://www.extension.iastate.edu/jefferson/contact-us>

641-472-4166

2606 W. Burlington Ave., Fairfield, IA 52556

### **Beginning Farmer Center**

[www.extension.iastate.edu/bfc](http://www.extension.iastate.edu/bfc)

877-232-1999

### **Families Answer Line**

<http://www.extension.iastate.edu/answerline>

800-262-3804

### **Healthy Families Line – Iowa Department of Public Health**

<https://idph.iowa.gov/family-health>

800-369-2229

### **Horticulture and Home Pest News**

<http://www.yardandgarden.extension.iastate.edu/Hortline>

### **Iowa Concern**

[www.extension.iastate.edu/iowaconcern](http://www.extension.iastate.edu/iowaconcern)

800-447-1985

### **Teen Line**

[www.extension.iastate.edu/teenline](http://www.extension.iastate.edu/teenline)

800-443-8336

## LEGAL

### **Foss, Kuiken, Cochran, Helling, & Willman, P.C.**

<https://fairfieldiowalaw.com>

641-472-3129

100 E. Burlington Ave., Suite 201, Fairfield, IA 52556

### **Iowa Legal Aid**

<https://www.iowalegalaid.org/organization/iowa-legal-aid-southeast-iowa-regional-office>

800-532-1275

112 3rd St. E., Ottumwa, IA 52501

Iowa Legal Aid is a not-for-profit organization that provides free legal assistance to low-income Iowans. It is a statewide program serving residents of all 99 Iowa counties with ten regional offices located in Sioux City, Council Bluffs, Mason City, Des Moines, Ottumwa, Cedar Rapids, Iowa City, Davenport, Dubuque and Waterloo. Iowa Legal Aid handles civil legal issues involving basic necessities, fundamental rights and physical safety, such as: health care, consumer rights, education, employment, individual rights, housing, debt collection, family law and government benefits.

In addition to its staff members, Iowa Legal Aid fulfills its mission with the help of volunteers including attorneys, students, interpreters, former clients, retirees and other community members.

### **Jefferson County Attorney**

<http://jeffersoncounty.iowa.gov>

641-472-9201

51 W. Hempstead Ave., Fairfield, IA 52556

The county attorney is the legal advisor and chief law enforcement officer for your county

**Miller Law Office**

<https://www.millerlawia.com/>

641-472-5049

119 N. Court St., Fairfield, IA 52556

**Morrissey Law Offices**

641-472-3144

109 N. Court St., Fairfield, IA 52556

**Noyes Law Offices, P.C.**

<https://www.noyeslawoffice.com/>

641-472-3236

104 N. Main St., Fairfield, IA 52556

**Pearson Law**

<http://www.pearsonlaw.com/>

641-472-6095

506 N. 4th St., Fairfield, IA 52556

**Reed Law P.C.**

<https://www.reedlawsupport.com/>

641-209-6383

103 S. 3rd St., Fairfield, IA 52556

**David E. Sykes, P.C.**

<https://www.davidsykeslaw.com/>

641-472-5141

2094 185<sup>th</sup> St., Suite 17, Fairfield, IA 52556

**Thomas H. Makeig, P.C.**

<http://makeiglaw.com/>

641-472-2235

601 S. 23rd St., #108, Fairfield, IA 52556

## **LIBRARIES**

### **Fairfield Public Library**

<https://www.fairfield.lib.ia.us/>

641-472-6551

104 W. Adams Ave., Fairfield, IA 52556

### **Maharishi International University Library**

<https://library.miu.edu/>

641-472-1154

Maharishi International University, Fairfield, IA 52557

## MENTAL HEALTH

### **Ardent Counseling Center**

<https://www.ardentcenter.com/>

888-870-1775

500 N. 3rd St., Suite 209, Fairfield, IA 52556

### **Iowa Counseling Services**

641-919-4004

109 S. Main St., Fairfield, IA 52556

### **Jefferson County Mental Health**

<http://jeffersoncounty.iowa.gov/>

641-472-8637

51 W. Briggs Ave., Fairfield, IA 52556

### **River Hills Behavioral Health Clinic**

<https://www.riverhillshealth.org/>

641-451-6380

2000 S. Main St., Fairfield, IA 52556

### **Optimae Behavioral Health Services**

<http://www.optimaelifeservices.com/>

641-472-5771

301 W. Burlington Ave., Fairfield, IA 52556

### **SIEDA Behavioral Health and Treatment Services**

<https://www.sieda.org/>

641-472-6140

2200 W. Jefferson Ave., Fairfield, IA 52556

### **Southeast Iowa Link (SEIL)**

855-581-8111

[seiowalink.org](http://seiowalink.org)

24-hour crisis line, SEIL facilitates open quality comprehensive services to people with multiple issues

## **NURSING HOMES**

### **Parkview Care Center**

<http://osbycorp.com/>

641-472-5022

2237 Hwy 34, Fairfield, IA 52556.

- 24-Hour Nursing Care
- Medicare & Medicaid Services
- Private Pay Services
- Personal Care
- Physical Therapy
- Hygiene Assistance
- Occupational Therapy
- Outpatient Therapy
- Speech Therapy
- Liberalized Diets & 3 Heart Healthy Meals
- Transportation
- Special Care Unit

**Sunnybrook Living Care Center**

641-209-1600

400 Highland St, Fairfield, IA 52556

Medicare, Medicaid and private insurance, 24-hour nursing care, respite care, hospice care, private rooms. delicious home cooked meals, Bee-Hive Beauty Salon, coffee shop, movie theatre. per diem includes landline telephone, Wi-Fi & cable TV, activities. Specializes in short-term rehabilitation and long-term care. Physical therapy, occupational therapy, and speech therapy.



## **PARKS, TRAILS & RECREATIONAL AREAS**

### **Jefferson County Conservation**

<https://jeffersoncountyconservation.com/>

641-472-4421

- Cedar Creek Timber & Wetland
- Cedar View Trail
- Gantz-Hewett Timber
- Gobble Park
- Jefferson County Park
- Livingston Timber
- Fairfield Loop Trail
- Mac Coon Access
- Neff Wetland
- Round Prairie Park
- Turkey Run Wildlife Area
- Whitham Woods
- Zillman's Hickory Hills

### **Fairfield Parks and Recreation Department**

<https://cityoffairfieldiowa.com/>

641-472-6159

- Central Park
- Chautauqua Park
- Forrest Park
- Heritage Park
- Howard Park
- Lamson Woods
- O.B. Nelson Park
- Roosevelt Aquatic Center
- Roosevelt Recreation Center and Cambridge SportsPlex
- South Wood Park
- Waterworks Park
- Wilson Park
- Woodthrush Woods State Preserve

## PHARMACIES

### **Hy-Vee Pharmacy**

<https://www.hy-vee.com/>

641-472-3542

1300 W. Burlington Ave., Fairfield, IA 52556

### **NuCara Pharmacy**

<https://www.nucara.com/>

641-469-3001

2000D S. Main St., Fairfield, IA 52556

### **Summit Pharmacy**

<https://www.summitpharmacyia.com/>

641-472-7987

300 W. Burlington Ave., Fairfield, IA 52556

### **Walmart Pharmacy**

<https://www.walmart.com/>

641-472-6199

2701 W. Burlington Ave., Fairfield, IA 52556

## PUBLIC HEALTH AGENCIES

### Davis County Public Health

<https://www.dchc.org/>

641-664-3629

509 N. Madison St., Bloomfield, IA 52537

### Henry County Public Health

<https://healthyhenrycounty.org/publichealth/>

319-385-6724

106 N. Jackson St., Suite 103, Mt. Pleasant, IA 52641

### Jefferson County Public Health

<http://jeffersoncounty.iowa.gov/health.htm>

641-472-5929

200 W. Briggs Ave., Fairfield, IA 52556

Services provided include registered nurses, skilled nursing services, home health aides, homemaker services, caring companions (respite), immunization clinics (children and adults), community health services including communicable disease follow up, new mom and baby visits, blood pressure screenings, health education, nutrition education resource referrals, and general health promotion. community health care liaison, and partners program.

### Keokuk County Public Health

<https://keokukcounty.iowa.gov/business/public-health>

641-622-3575

101 S. Main St., Sigourney, IA 52591

Medicare certified

### Van Buren County Public Health

[https://www.vanburencounty.iowa.gov/offices/services/public\\_health/](https://www.vanburencounty.iowa.gov/offices/services/public_health/)

319-293-3431

404 Dodge St., Keosauqua, IA 52565

Medicare certified

**Wapello County Public Health**

<https://wapellocounty.org/departments/public-health/>

641-682-5434

108 E. Main St., Ottumwa, IA 52501

**Washington County Public Health**

<https://washph.com/>

319-653-7758

110 N. Iowa Ave., Suite 300, Washington, IA 52353

Medicare certified

## SENIOR CITIZENS

### **Milestones Area Agency on Aging**

641-472-4403

209 S. Court St., Fairfield, IA 52556

### **I-Smile Silver**

<https://ismile.idph.iowa.gov/>

I-Smile Silver is a program that helps all adults get dental care.

### **Philips Lifeline**

<https://www.lifeline.philips.com/>

800-543-3546

### **Fairfield First Christian Church Loan Closet**

641-472-2520

1905 S. Junction Rd., Fairfield, IA 52556

### **Mobile Companion Taxi**

<https://mobilecompaniontaxi.com/>

319-201-9741

### **Senior Health Insurance Information Program (SHIIP)**

<https://shiip.iowa.gov/>

641-469-4308

2000 S. Main St., Fairfield, IA 52556

### **Social Security Administration**

<https://www.ssa.gov>

866-964-7394

2429 Northgate St., Suite A, Ottumwa, IA 52501

### **10-15 Transit- Ottumwa**

<https://www.1015transit.com/>

800-227-6390

## **SERVICES FOR THE DISABLED**

### **Disability Rights Iowa**

<https://disabilityrightsiowa.org/>

515-278-2502

666 Walnut St., Des Moines, IA 50309

### **First Resources**

<https://www.firstresources.us/>

641-472-9233

101 N. 16<sup>th</sup> St., Fairfield, IA 52556

### **Jefferson County Veterans Affairs**

<http://jeffersoncounty.iowa.gov/>

641-472-3013

51 W. Briggs Ave., Fairfield, IA 52556

### **Optimae Behavioral Health Services**

<http://www.optimaelifeservices.com/>

641-472-5771

301 W Burlington Ave., Fairfield, IA 52556

### **Transition Iowa** (for youth and young adults with disabilities)

<https://www.transitioniowa.org/>

800-450-8667

### **Iowa Department of the Blind**

<https://blind.iowa.gov/>

800-362-2587

## **SUBSTANCE ABUSE**

### **Alcohol and Drug Dependency Services of Southeast Iowa (ADDS)**

<https://addsiowa.org/>

319-385-2216

### **Alcoholics Anonymous**

[www.aa-iowa.org](http://www.aa-iowa.org)

### **American Addiction Centers**

<http://americanaddictioncenters.org/>

888-728-6508

### **First Resources Corporation Therapy**

<https://www.firstresources.us/>

641-682-8114

### **SIEDA Substance Abuse Services**

<https://www.sieda.org/>

641-472-5834

## SUPPORT GROUPS

### **Alzheimer's Association**

<https://www.alz.org/>

800-272-3900

### **American Parkinson Disease Association – Iowa Chapter**

<https://www.apdaparkinson.org/>

515-782-3833

### **Cancer Support Group**

<https://www.jeffersoncountyhealthcenter.org/>

641-469-4144

### **Grief Support Group**

<https://www.everystep.org/>

319-385-4472

### **Optimae Coping Strategies**

<http://www.optimaelifeservices.com>

641-472-5771

### **Optimae Healthy Emotions, Healthy Anger**

<http://www.optimaelifeservices.com>

641-472-5771

### **Optimae Intro to Recovery**

<http://www.optimaelifeservices.com>

641-472-5771

### **Parkinson's Disease Support Group**

<https://www.jeffersoncountyhealthcenter.org/>

641-469-4353



## TRANSPORTATION

### **Jefferson County Health Center Courtesy Van**

<https://www.jeffersoncountyhealthcenter.org/>

641-472-4111

### **10-15 Transit**

<https://www.1015transit.com/>

641-683-2024

### **Medicaid Transport**

- a. Amerigroup – 844-544-1390
- b. Iowa Total Care – 877-271-4819

### **Mobile Companion Taxi**

<https://mobilecompaniontaxi.com/>

319-201-9741

### **Disabled American Veterans (DAV)**

<https://www.dav.org/>

641-684-4485

## UTILITIES/PHONE/INTERNET

### **Airgas**

<https://locations.airgas.com/>

641-472-1675

200 S. 23rd St., Fairfield, IA 52556

### **Alliant Energy**

<https://www.alliantenergy.com/>

800-255-4268

### **Fairfield City Hall**

<https://cityoffairfieldiowa.com/>

641-472-6193

118 S. Main St., Fairfield, IA 52556

### **Connelly Recycling Inc.**

641-472-8454

903 W. Gear Ave., Fairfield, IA 52556

### **Fairfield Waterworks – City Water**

<https://cityoffairfieldiowa.com/>

641-472-5343

118 S. Main St., Fairfield, IA 52556

### **Ferrellgas**

<https://www.ferrellgas.com/>

641-472-3224

1943 Hwy 1 N., Suite 238, Fairfield, IA 52556

### **Ideal Energy Solar**

[https://www.idealenergysolar.com](https://www.idealenergysolar.com/)

641-209-3288

602 N. 6th St., Fairfield, IA 52556

### **Jefferson Co. Rural Water District**

641-472-7370

2433 Peach Ave., Fairfield, IA 52556

**Lisco**<https://www.lisco.com/>

641-472-5400

251 W. Burlington Ave., Fairfield, IA 52556

**Live Wire Electric**<https://livewirefairfield.com/>

641-472-4853

2909 W. Grimes Ave., Fairfield, IA 52556

**Natel Broadband**<https://natel.net>

641-469-6220

907 W. Burlington Ave., Fairfield, IA 52556

**US Cellular**<https://stores.uscellular.com>

641-469-5418

2103 W. Burlington Ave., Fairfield, IA 52556

**Verizon Authorized Retailer – Russell Cellular**<https://russellcellular.com/>

641-209-6114

50 N. Main St., Fairfield, IA 52556

**Waste Management**<https://www.wm.com/>

800-796-9696

**Windstream**<https://www.windstream.com/>

866-727-3101

101 W. Madison St., Mt. Pleasant, IA 52641

## WELLNESS

### **Aurora Massage and Body Therapy**

774-701-0339

121 W. Broadway Ave., Fairfield, IA 52556

### **Optimae Wellness & Recovery Center**

<http://www.optimaelifeservices.com>

641-472-5771

301 W. Burlington Ave., Fairfield, IA 52556

### **Boom Fitness**

<https://www.boom641.com/>

641-451-1491

210 W. Lowe Ave., Fairfield, IA 52556

### **Carbon Fitness**

907 W. Burlington Ave., Fairfield, IA 52556

641-919-2225

### **Extreme Wellness Supply**

<https://extremewellnesssupply.com/>

800-826-4478

### **Eye Love to See**

<https://eyelovetosee.business.site>

641-919-5879

123 N. Main St., Suite 4, Fairfield, IA 52556

### **Fairfield Aikikai**

<http://fairfieldaikido.com/>

641-455-6568

404 N. 3rd St., Suite 201, Fairfield, IA 52556

### **Fairfield Mind & Body**

<https://www.fairfieldmindandbody.com>

402-980-1538

56 E. Burlington Ave., Fairfield, IA 52556

**Ground Zero Jiu Jitsu**

641-919-5386

107 W. Broadway Ave., Fairfield, IA 52556

**Healthy Inspirations Massage**

641-472-9337

1007 S. 7th St., Fairfield, IA 52556

**Ide Gymnastics**<https://www.idegymnastics.com/>

319-461-5200

1800 W. Burlington Ave., Fairfield, IA 52556

**Impact Fitness & Sports Performance, LLC**<http://impactfitnessandsportsperformance.com/>

641-919-2533

1401 S. Main St., Suite 80, Fairfield, IA 52556

**MIU Recreation Center**<https://services.miu.edu/recreation-center>

641-472-1112

1000 Granville Ave., Fairfield, IA 52556

**Morning Star Studio – Creative Arts and Yoga Center**<http://www.morningstarstudio.info/>

641-472-4287

51 S. Court St., Fairfield, IA 52556

**Roosevelt Recreation Center and Cambridge Sports Plex**<https://cityoffairfieldiowa.com/>

641-472-6159

1000 W. Burlington Ave., Fairfield, IA 52556

**Sanctuary**<https://www.sanctuaryfairfield.com/>

614-351-7870

405 N. C St., Fairfield, IA 52556

**Weight Watchers**

<https://www.weightwatchers.com/>

800-651-6000

**Working Body Massage**

<http://www.sarahkrone.com/>

970-925-7783

121A W. Broadway Ave., Fairfield, IA 52556



All information in this community resource is believed to be accurate at the time of publication.

This resource is updated on an annual basis. If your business, organization, or non-profit is featured within and requires material updates to your information, please contact JCHC Marketing & Community Relations at 641-469-4198.

JCHC.0322

